

## North Atlanta Endocrinology & Diabetes

### Dexamethasone Suppression Test

Your physician has recommended a lab test to screen you for Cushing's syndrome, a condition in which excess amounts of cortisol are being produced by the adrenal glands. Your adrenal glands are important for making cortisol and other hormones needed. This test is very specific in that you must follow the instructions for the test to be accurate:

1. Your physician will give you a prescription (or we will phone in a prescription) for a drug called DEXAMETHSONE. You must swallow this pill or pills at 11pm at night and return to our office the very next morning at 8:00 am to have your blood drawn. You may not eat or drink once you have taken this pill, but a sip of water if needed is ok.
2. You must have appointment for labs so that we will have your chart up front on the morning you arrive. If we called you on the phone and instructed you to have labs we will put you on the lab schedule or you will have been scheduled at the check out desk at the end of your last appointment. Please do not take this pill and come into our lab at a WALK-IN. This test must be SCHEDULED.
3. Please sign in at our LAB check in area and we draw your blood as soon as possible. PLEASE TELL THE CHECK IN RECEPTIONIST your LAB is TIME SENSITIVE.
4. We will notify you of your lab results in 7-10 days.

If you have any questions please call Rebecca L. Minter, LPN, Clinical Manager, at 678-252-2371.